

10th International Dementia Conference

Growing Excellence in Dementia Care

16th & 17th April
2018
The Helix,
DCU, Dublin

Main Sponsor



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CONFERENCE PROGRAMME

DAY 1

Mon 16th April, 2018

8:30am – 9:30am **Registration & tea/coffee**

9:30am – 11:15am **Plenary Session**

9:30 – 9:45 **Introduction by Sinéad Grennan, CEO Sonas apc**

9:45 – 10:15 **Helen Rochford Brennan, Chair, European Dementia Working Group. *Real world research and change – International developments***

10:15 – 11:15 **Prof Steven Sabat, Professor Emeritus of Psychology, Georgetown University, USA. *An I-Thou approach to dementia care: "Engaging with" rather than "Doing to"***

11:15am – 11:45am **Tea/coffee break**

11:45 – 1:15pm **Parallel Sessions**

(1) Human rights and dementia

Speakers: **Prof Suzanne Cahill**, School of Social Work and Social Policy, Trinity College Dublin, **Framing dementia as a disability and a rights issue**; **Tina Leonard**, Head of Advocacy & Public Affairs, Alzheimer Society of Ireland (ASI), **The ASI's Human Rights Charter, Empowerment and participation in practice**; **Kathy Ryan**, Irish Dementia Working Group.

(2) The acute care experience

Speakers: **Dr Diarmuid O'Shea**, Consultant Geriatrician, St Vincent's University Hospital, Clinical Lead for the National Clinical Programme for Older People, HSE, President, Irish Gerontological Society, and Registrar, Royal College of Physicians of Ireland, **Setting the context**; **Anne Claffey**, Senior Speech & Language Therapist, Regional Hospital Mullingar, **Remember to listen: Hearing the voice of the person with dementia in the acute hospital setting**; **Caroline Hyland**, Artist, **Do you see what I see Exhibition, Tallaght Hospital: Exploring and promoting living well with dementia**.

(3) Life story and activities in residential care

Speakers: **Dr Benedicte Strøm SJC**, VID Specialized University, Oslo & **Noreen Keane**, Training Team Co-ordinator, Sonas apc, **Re-framing "activities" as meaningful engagement**; **Fiona Harrington**, Arts Officer, RECREATE, **RECREATE: Enhancing sensory based experience for people living with dementia**; **Claire O'Brien**, Senior Occupational Therapist, Our Lady's Hospice & Care Services, Harold's Cross, **Staff, Volunteer and Family Experiences of Life Story Work with Residents who have Moderate to Severe Cognitive Impairment**.

(4) Building community supports

Speakers: **Ann Quinn**, Dementia Nurse Specialist, HSE, **Living Well with Dementia**; **Jackie Tuppen**, Specialist Practitioner and Admiral Nurse, Dementia UK, **COGS Club: An innovative model of support in early dementia**; **Margaret O'Sullivan**, Public Health Nurse, HSE West, **An Exploratory Study of the Role of the Public Health Nurse in Dementia Care**.

(5) Supporting assisted decision-making: Guiding principles, case studies and research findings.

Speakers: **Mary Condell**, Legal Advisor, SAGE, Support and Advocacy Service for Vulnerable Adults, **Guiding principles in action: Ethical and rights dilemmas**; **Áine Flynn**, Director of Decision Support Service, **A New Model: Progress to Implementation of the Decision Support Service**; **Meredith Blake**, Associate Professor, Law School, University of Western Australia, **The Australian legal context, Research findings on lived experiences**.

1:15pm – 2:15pm LUNCH

2:15pm – 4:30pm Plenary Session

2:15 – 2:40 **Guest speaker**

2:40 – 3:30 **Prof Chris Gastmans**, Professor of Medical Ethics and Head, Centre for Biomedical Ethics and Law, Faculty of Medicine, University of Leuven. ***Dignity-enhancing care for persons with dementia: An Ethical Framework.***

3:30 – 3:50 ***Towards appropriate prescribing of psychotropic medication in dementia.***
Dr Suzanne Timmons, Consultant Geriatrician and Clinical Lead for the National Dementia Office; Senior Lecturer, Centre for Gerontology and Rehabilitation, School of Medicine, University College Cork & **Kieran Walsh**, SPHeRE PhD Scholar and Research Pharmacist, University College Cork.

3:50pm - 4:30 **Dr Suzanne Timmons. *An update on the implementation of the National Dementia Strategy in Ireland.***

4:30pm – 4:45pm **Tea/coffee break**

4:45pm – 6:00pm Parallel Sessions

(1) Resilience and community connectedness

Speakers: **Sandra McCarthy**, Research Assistant, Care Alliance Ireland, ***Designing resources for enhancing resilience in family carers of people with dementia: A co-design study;*** **Dearbhla O’Caheny**, Assistant Education Officer, Dementia Services Information and Development Centre, ***The Brain - from the Fantastic to the Forgetful: A dementia awareness programme for schools;*** **Joyce Fitzpatrick and Elizabeth Fitzgerald**, Trainers, Engaging Activities, ***Time out from dementia – Enriching life through music and creativity.***

(2) Growing excellence in residential care

Speakers: **Isabelle Latham**, Senior Lecturer, Association for Dementia Studies, University of Worcester, ***Training and learning are not the same thing: How do care workers in care homes learn to care for people living with dementia?;*** **Angela Lyons and Mary Doyle**, Clinical Nurse Managers, Peamount Healthcare, ***The Meaningful Moments Project;*** **Tracy Parker**, Psychologist, Head of Psychology, Ability West, ***Care transitions: Supporting people with Intellectual Disability and dementia.***

(3) Technology and dementia

Speakers: **Prof Dympna Casey**, National University of Ireland Galway, ***Evaluating the impact of the MARIO robot in an Irish dementia care setting;*** **Dr Louise Hopper**, Assistant Professor, Dublin City University (DCU), ***“The Home Run Bus” – Evaluating a virtual driving simulator for older adults in residential care;*** **Prof Assumpta Ryan**, Professor of Ageing and Health, Ulster University, ***Technology facilitated reminiscence in dementia.***

(4) Empowerment through creative connections

Speakers: **Bo Chapman and Zoe Flynn** Directors, Salmagundi Films, *Art For Purpose: Fostering connected and resilient communities, Using film, stop frame animation and digital art to reconnect with skills and enhance sense of self*; **Nuala Conlan**, Involvement and Participation Lead Older adults, South London and Maudsley NHS Foundation Trust, *Journeys Of Appreciation - Museums and Gallery Partnerships with NHS inpatient clinical services for older adults with mental health problems and dementia*.

6:00pm – 7:00 pm Moments of Joy – An evening of music and dance
To celebrate creativity on the dementia journey

Featuring

Debby Campbell, daughter of the late Glenn Campbell

Vintage Youth, Dance Theatre of Ireland's Seniors Dance Ensemble

The Forget-me-nots Choir, an inclusive community choir

Katie Gallagher, singer-songwriter

People with dementia and their families are invited to attend this evening concert free of charge, with a welcome reception at 5:15pm in the main foyer of the Helix.

DAY 2 Masterclasses & Workshops Tues 17th April, 2018

9:00am – 10:00am Registration & tea/coffee

10:00am – 1:00pm Morning Sessions

Session 1 A workshop in exquisite listening

This workshop will explore how listening, in particular very special, active listening, can be the vehicle for understanding and thus upholding personhood. The workshop is delivered by **Prof Kate Irving and Prof Steven Sabat**.

Session 2 Towards compassionate end of life care

This workshop will enable delegates to understand and explore current work practices and challenges in providing compassionate end of life care – both at home and in residential settings. It will be chaired by Marie Lynch, Head of Healthcare Programmes, Irish Hospice Foundation.

Kate Steele, National Development Manager, Residential Care Settings, Irish Hospice Foundation, *Implementing continuous quality improvement at end of life using the Compassionate End of Life (CEOL) Programme*; **Norma Sheehan**, Director of Nursing & **Siobhan Grant**, Fundraising Manager, St Joseph's Shankill, *Embracing End of Life – Don't be afraid – CEOL Case study*.

End of life in the person's own home: Laura Dempsey, Lecturer, National University of Ireland, Galway, *The challenges of caring for a person with dementia in the home: Family carers perspectives*; **Tracy Keating**, Registered Advance Nurse Practitioner in Community Older Persons Care, HSE/Mater Community Medicine for Older Persons, *Supporting people with dementia to live and die at home. The Role of the Registered Advance Nurse Practitioner*.

1:00pm – 1:45pm LUNCH

1:45pm – 4:45pm Afternoon Sessions

Session 1 Reminiscence through art and drama

This session is focused on how the arts can be used to facilitate reminiscence. It will be chaired by **Maria Pasiecznik Parsons**, Chief Executive, Creative Dementia Arts Network (CDAN) UK.

Karen Meenan, Founder, Making Hay Reminiscence Theatre, first Ireland member of the European Reminiscence Network, and Volunteer, Forget-me-Nots Choir, *Finding the Fun in Dementia – Reminiscence as a positive way to enrich the lives of those affected by memory loss*; **David Savill**, Artistic Director, Age Exchange UK, *Reminiscence Arts in Dementia Care: Impact on Quality of Life*; **Karen Watchman**, Senior Lecturer Faculty of Health Sciences and Sport, University of Stirling, *Football-focused reminiscence in dementia care: Impact on quality of life*.

Session 2 Making Irish hospitals more dementia friendly using a universal design approach

New design guidelines and an environmental audit tool have been produced, as part of the Health Research Board-funded Dementia Friendly Hospitals Project. **Tom Grey**, Research Fellow, TrinityHaus, will lead this workshop, which will explore new research regarding hospital environments, the work of the Dementia Friendly Hospitals Project and the new audit tool. There will be a strong practical component to the session.

This 2-day conference is brought to you by Sonas apc



For all conference information and to book your place

Go to www.sonasapc.ie

or Call 01 260 8138

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Academic Partner: The School of Nursing and Human Sciences, Dublin City University.

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